



# EXHP 291

## DANCE I

**Fall 2019 offered at the Sangre de Cristo Arts Center**

The Sangre de Cristo School of Dance along with the Department of Exercise Science, Physical Education and Recreation are excited to offer college credit through CSU-Pueblo for participating in dance classes at the School of Dance. Please email [carol.foust@csupueblo.edu](mailto:carol.foust@csupueblo.edu) if you have any questions or would like a schedule of the class times.

If you are new to Sangre de Cristo School of Dance consider the following:

- Men's Technique: Thursday 7:00-8:00pm
- Ballet Partnering (men are encouraged to enroll): Thursdays 4:30-6:00pm
- Adult Ballet: Wednesdays 9:00-10:30am or 6:30-8:00pm
- Modern 1: Mondays 4:30-5:30 & Modern 2: Fridays 2:30-3:30
- Jazz 1: Mondays 5:30-6:30

If you are an experienced ballet dancer and interested in taking classes in our leveled ballet program, please contact [nan@sdca-arts.org](mailto:nan@sdca-arts.org) to discuss the possibilities. The program is open to all levels of dance background to students in high school (through concurrent enrollment) to college. This is a good way to get started in dance, continue in dance, meet new people and have fun! All classes are held at the Sangre de Cristo Arts Center.